

Rent is ticking up, but so are the deals

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Although rent growth has accelerated, the share of listings offering an incentive remains elevated

- The typical U.S. asking rent rose to \$1,965 in June, up 2.2% annually, according to the Zillow Observed Rent Index.
- 39.7% of rentals on Zillow offered a concession in June, up from 35.2% a year ago.
- Sun Belt renters have more options and more deals than the rest of the country, the direct result of a years-long building boom.

SEATTLE, July 23, 2026 /PRNewswire/ -- Fewer apartments are sitting empty, rents are climbing, and yet the deals keep coming. According to the [Zillow® June Rental Report](#), the typical U.S. asking rent rose to \$1,965, up 2.2% compared to a year ago, and nearly 2 in 5 rental listings came with a concession attached. For property managers, that means pricing power isn't back yet.

A concession is a move-in discount, commonly a free month's rent, waived fees or free parking. For renters who land a freebie, the real cost of renting can be softer than the asking price suggests. The 2.2% annual rent growth in June is a slight acceleration from the previous month. Yet the increase in concessions — 39.7% of rental listings on Zillow offered one in June, up from 35.2% a year ago — softens the blow for renters.

The backdrop is a rental market that has added significant new inventory over the past few years, giving renters more choices. Meanwhile, the cost of buying a home remains high, keeping many in the rental market longer. That combination is driving both trends: enough demand to keep absorption elevated and sufficient supply to keep the rental vacancy rate elevated.

"The payoff from the construction boom is showing up clearly for renters right now," said Orphe Divounguy, senior economist at Zillow. "Supply is the most direct lever to keep rents in check over the long term. Markets that

invested in new housing are rewarding renters with more choices, more concessions and more competitive pricing. Renters in areas that did not are feeling it, as rents continue to increase fast and affordability is slow to improve."

The rental market is expected to tighten

Rent growth has been consistent this spring: April, May and June all posted stronger month-over-month gains than the same months in 2025.

The rapid climb in the number of available rental units is slowing, in large part because the apartment construction wave that flooded the market is finally receding: building completions fell further in the second quarter, while net absorption continued to increase.

With demand holding steady and the flow of new apartments slowing, conditions are expected to tighten gradually across the country. That means the elevated concession rates renters are seeing today reflect a market still working through its inventory. As that process plays out, deals are expected to become less common even as rent growth stays measured.

Where deals are most common

The markets with the highest concession rates are where the most new apartments were built and where renters have the most options today. Charlotte (67.1%), Denver (65.9%) and Dallas (64.6%) top the list. Rents have declined in San Antonio (-1.8% to \$1,416), Austin (-1.7% to \$1,653) and Denver (-1.3% to \$1,930) over the past year. In these markets, renters are seeing the direct benefit of the new supply that has come online.

Where the market is tightest, rents are rising fastest. San Francisco leads the nation in rent growth, up 8.2% annually to \$3,301, with just 24.9% of listings offering a concession. San Jose rents rose 6.2% to \$3,729, while Chicago rents climbed 5.2% to \$2,275. For renters in these markets, the window to negotiate is considerably narrower.

Single-family rents increase twice as much as apartment rents

Single-family rents rose 3% year over year to \$2,320, roughly double the 1.5% gain for multifamily units, now at \$1,789. A disproportionately larger increase in the number of apartment units gave renters in that segment more options to choose from, also pulling down rent growth when compared to single-family rentals.

Looking ahead, rent growth is expected to remain moderate. Zillow forecasts single-family rents to rise 3.1%, and multifamily rents to increase 2% for 2026, roughly in line with 2025. For renters, that means the deals available today are unlikely to disappear overnight, but as new supply is absorbed, conditions could begin to gradually tighten.

Metro	Concession Share	Concession Year over Year (YoY)	Typical Rent, Zillow Observed Rent Index (ZORI)	Rent YoY	Income Needed
United States	39.7 %	4.5 %	\$1,965	2.2 %	\$78,600
New York, NY	17.2 %	1.3 %	\$3,573	4.5 %	\$142,933
Los Angeles, CA	32.5 %	2.9 %	\$2,927	1.5 %	\$117,090
Chicago, IL	23.3 %	2.6 %	\$2,275	5.2 %	\$91,014
Dallas, TX	64.6 %	9.2 %	\$1,673	0 %	\$66,938
Houston, TX	54.0 %	7.2 %	\$1,648	-0.1 %	\$65,918
Washington, DC	54.8 %	4.2 %	\$2,448	0.1 %	\$97,916
Philadelphia, PA	31.8 %	3.0 %	\$1,928	3.6 %	\$77,128
Miami, FL	27.8 %	2.7 %	\$2,695	1.2 %	\$107,784
Atlanta, GA	58.2 %	5.3 %	\$1,854	1.9 %	\$74,159
Boston, MA	29.5 %	4.8 %	\$3,210	2.6 %	\$128,416
Phoenix, AZ	61.0 %	6.0 %	\$1,733	0 %	\$69,339
San Francisco, CA	24.9 %	8.9 %	\$3,301	8.2 %	\$132,059
Riverside, CA	29.9 %	3.1 %	\$2,539	2.3 %	\$101,570
Detroit, MI	25.3 %	2.8 %	\$1,518	3.2 %	\$60,713
Seattle, WA	52.4 %	6.7 %	\$2,269	1.4 %	\$90,763
Minneapolis, MN	40.0 %	0.4 %	\$1,727	3.4 %	\$69,061
San Diego, CA	37.4 %	4.1 %	\$2,991	1.7 %	\$119,620
Tampa, FL	52.5 %	11.3 %	\$2,020	-0.7 %	\$80,812
Denver, CO	65.9 %	4.4 %	\$1,930	-1.3 %	\$77,188
Baltimore, MD	37.7 %	1.0 %	\$1,936	2.2 %	\$77,433
St. Louis, MO	28.9 %	6.5 %	\$1,459	4.0 %	\$58,369
Orlando, FL	55.2 %	5.7 %	\$1,972	0.7 %	\$78,874
Charlotte, NC	67.1 %	6.0 %	\$1,750	0.5 %	\$69,989
San Antonio, TX	56.9 %	6.1 %	\$1,416	-1.8 %	\$56,633
Portland, OR	48.0 %	6.2 %	\$1,805	0.4 %	\$72,214
Sacramento, CA	31.8 %	2.8 %	\$2,308	2.0 %	\$92,327
Pittsburgh, PA	25.8 %	5.1 %	\$1,523	3.6 %	\$60,921
Cincinnati, OH	32.6 %	12.6 %	\$1,583	2.8 %	\$63,306
Austin, TX	64.3 %	3.6 %	\$1,653	-1.7 %	\$66,132
Las Vegas, NV	57.1 %	15.5 %	\$1,748	0.3 %	\$69,910
Kansas City, MO	34.8 %	7.7 %	\$1,545	3.4 %	\$61,803
Columbus, OH	48.8 %	11.0 %	\$1,528	1.5 %	\$61,100
Indianapolis, IN	46.9 %	9.0 %	\$1,558	2.5 %	\$62,327
Cleveland, OH	24.7 %	2.0 %	\$1,474	4.0 %	\$58,967
San Jose, CA	23.7 %	-13.2 %	\$3,729	6.2 %	\$149,179
Nashville, TN	64.0 %	6.4 %	\$1,810	0.4 %	\$72,418
Virginia Beach, VA	21.8 %	-4.9 %	\$1,878	5.5 %	\$75,104
Providence, RI	11.4 %	-0.1 %	\$2,172	3.5 %	\$86,872
Jacksonville, FL	50.2 %	3.1 %	\$1,708	1.2 %	\$68,316
Milwaukee, WI	18.3 %	-4.5 %	\$1,552	4.2 %	\$62,085
Oklahoma City, OK	29.7 %	3.3 %	\$1,393	2.8 %	\$55,708
Raleigh, NC	64.1 %	4.6 %	\$1,689	0.3 %	\$67,559
Memphis, TN	43.3 %	8.4 %	\$1,435	0.7 %	\$57,386
Richmond, VA	47.4 %	7.7 %	\$1,772	3.3 %	\$70,863
Louisville, KY	44.5 %	11.1 %	\$1,385	2.3 %	\$55,404
New Orleans, LA	19.3 %	7.2 %	\$1,617	0.8 %	\$64,679
Salt Lake City, UT	64.2 %	8.2 %	\$1,638	0.6 %	\$65,513
Hartford, CT	20.7 %	0.6 %	\$2,013	3.1 %	\$80,518
Buffalo, NY	10.1 %	2.9 %	\$1,461	3.1 %	\$58,435
Birmingham, AL	39.2 %	14.8 %	\$1,462	1.2 %	\$58,497

*Table ordered by market size

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